

Multiple  
Sclerosis  
Trust

MS

information

education

research

support

# The MS Trust

We are a charity working with and for the 85,000 people in the UK with multiple sclerosis (MS). Our vision is to enable people with MS to live their lives to the full.

## We provide:

- **information** that is tailored to what people want to know
- **education** for health professionals about what people with MS need
- **research** into better management of MS
- **support** for anyone affected by MS

## Facts about MS

- MS is a condition where damage occurs in the central nervous system (the brain and spinal cord)
- MS is the most common disabling condition among young adults
- About three times as many women as men have MS
- Everyone's MS is different; there are many possible symptoms, but most people experience only a few
- At present there is no cure for MS but positive steps can be taken to reduce its impact



## How can the MS Trust help?

Our newsletters, publications and information service are all provided free of charge

### Newsletters

- **Open Door** – for people with MS, their families and friends
- **Way Ahead** – for health & social care professionals

### Publications

We produce books and factsheets on all aspects of health information for people living and working with MS

### Personalised information service

Our team of experienced information professionals can help you find answers to your questions

### Professional education

We offer a range of courses for health and social care professionals working in the field of MS

### Website – [www.mstrust.org.uk](http://www.mstrust.org.uk)

A really comprehensive resource that includes:

- A-Z of MS
- regular expert chatrooms
- downloadable publications
- links to other sources of information
- map of specialist services



## Can you help us?

We would not be able to continue our work without the generous support of individuals, trusts and companies.

### Make a donation or set up a regular giving scheme

- donate online via our website
- contact us for regular giving schemes

### Take part in one of our organised fundraising events

- runs
- parachuting
- overseas treks
- lots of other challenges!

**Fundraise on our behalf** - we can help with ideas; request a fundraising pack for inspiration and advice!

## How to contact us



info@mstrust.org.uk  
education@mstrust.org.uk  
fundraising@mstrust.org.uk



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www.mstrust.org.uk

Registered charity no 1088353



## I would like to receive a regular free newsletter from the MS Trust

Name

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Address

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Postcode

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Telephone No

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Email

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Are you a health professional? Yes/No

If yes please state your occupation

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I would like to make a donation to support the work of the MS Trust

Amount

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(please make cheques payable to MS Trust)

Credit or debit card donations can be made via our secure website or by phone.

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If you are a UK tax payer, we can reclaim the tax on any donation you make. To qualify for Gift Aid, you must pay an amount of income tax and/or capital gains tax at least equal to the tax that the MS Trust reclaims on your donations in the appropriate tax year.

Please tick this box if you would like to Gift Aid this donation and all future donations to the MS Trust

If your circumstances change please notify the MS Trust. You can cancel this declaration at any time.

**The MS Trust will use your details:**

- To keep you informed about our work, including our fundraising
- To pass to our wholly owned subsidiary companies MS Trust (Education) Ltd and MS Trust (Trading) Ltd which exist only to carry out our educational objectives and to raise funds for the MS Trust.

We will not sell or pass your details to anyone else (unless required by law). If you object to either use of your details, please tick this box



If you put a stamp on this card and cross out "FREEPOST SG429" in the address, you will help us reduce our costs.

Multiple Sclerosis Trust  
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