

Management of Spasticity in MS

A specialist study day for therapists with an interest in MS

Tuesday 18th May 2010
BMA House
Tavistock Square, London

- 9:00** **Registration**
- 9:30** **Overview of spasticity and the medical management**
Dr Val Stevenson, Consultant Neurologist
The National Hospital for Neurology and Neurosurgery, London
- 10:30** **Coffee**
- 11:00** **Spasticity evaluation and management: a patient-therapist perspective**
Professor Peter Feys, Ass. Professor, PT
Hasselt University, Diepenbeek, Belgium
- 12:00** **Case presentation**
Alan Izat, MS Specialist Nurse, Douglas Grant Rehabilitation Centre,
Ayrshire Central Hospital
- 12:30** **Lunch**
- 13:30** **Managing spasticity – it's a team effort**
Liz Keenan, Spasticity Specialist Nurse
The National Hospital for Neurology and Neurosurgery, London
- 14:15** **Postural management**
Helen Conyers, Specialist Physiotherapist in MS, Poole Hospital NHS Trust
- 15:00** **Tea**
- 15:30** **Helping people with MS to manage their spasticity – trigger factors and spasticity diary**
Wendy Hendrie, MS Clinical Specialist Physiotherapist
University of East Anglia
- 16:00** **Close**